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## DO NOT TAKE FLU SHOTS!!!

**THEY ARE DEMONSTRABLY DANGEROUS AND TOTALLY UNPROVEN!!**

The flu shots are loaded with mercury and aluminum. In addition, they now have a new toxic substance: SQUALENE. The recommendation for pregnant mothers and infants starting at 6months is especially dangerous.

Please go to [www.mercola.com](http://www.mercola.com), and log in, it is free. Dr. Mercola has written a mind-blowing summary of the evidence for my recommendation above. When you are on the home page, find the "search" box, and type in "Flu Vaccine and Squalene". It reveals yet another example of the FDA's failure to protect the Public from the greed of

## "Big Pharma"

After reading it, if you still feel that you should do it, this is supposed to be a free country – go ahead. If you choose not to, and not to allow your children to either, you may find out that only some choices in Medical Care in this country are truly free.



## Your Emergency Flu Kit

What Dr. Levin Recommends To Have at Home.  
This also serves for **PREVENTION!**

- 1- Vitamin A and carotene complexes – at least 25,000 units daily [A Plus]
- 2- Lots of vitamin C! You can obtain tablets or capsules if you prefer, such as 1,000 mg with bioflavonoids [our standby Multiscorb™] as a foundation, but above 3,000 a day the plain Buffered Ascorbic Acid Powder is the most economical form, and for active prevention adults should take at least 6,000 a day total. If you do come down with the flu, every household should have a starter supply of the Lypospheric Vitamin C, with adults taking at least 5 packets 4 times a day. (see new supplement list)
- 3- Vitamin E – 2 caps/day of Unique E, 400 units each.
- 4- Selenium – two caps/day of SelenoMethionate – 200mcgm each *In case you missed the connection, #1 – 4 are the "ACES" – the basic antioxidants.*
- 5- Everyone should be taking a high quality Multiple Vitamin/Mineral combo.



# News You Can Use

6- Extra Zinc during flu season – 2 capsules/day of zinc picolinate 22 to 25 mg each.

7- MesoSilver as a nasal spray, throat spray and hand wash when exposed.

*WE WILL MAKE UP "FLU KITS" CONTAINING #1-7 AT A 10% DISCOUNT!!*



**WARREN M. LEVIN MD**  
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**Clarification of Hours, Appointments, Prescriptions, Supplements & Staff**  
**New Books, Products, & Protocols**  
**News You Can Use!**

As we strive to improve the quality of our service and attention to you -- our patients -- we want to notify you of changes in our office. Your assistance will help the office run more smoothly.

**HOURS OF OPERATION:**

Monday.....10:00 AM - 5:00 PM  
Tuesday.....9:00 AM - 5:00 PM  
Wednesday....11:00 AM - 7:00 PM  
Thursday.....9:30 AM - 5:30 PM  
Friday.....10:00 AM - 1:00 PM  
(Paid Supplement Pickup Only)

Dr. Levin usually does not schedule patients on Fridays, except when he has an absence earlier in the week. However, Dr. Levin will see patients one Friday and will be off one Monday each month during the summer (June, July and August). Therefore, please check the office schedule for specific summer hours. (The staff will be in the office on those Fridays and Mondays when Dr. Levin is away.) Please note that Fridays are always short days and no cancellations or appointment changes are taken on Friday for appointments scheduled for the following Monday or Tuesday.

Supplements may be picked up on Friday if ordered and paid for by Thursday.

**Phone service will be available for ONLY one hour after closing time on any given day.**

After that time, messages will go to voice mail which is available 24 hours a day. Messages are checked on a regular basis throughout the day.

**In case of an emergency**, please call 911 or go immediately to your nearest emergency room! There may be times that only Dr Levin can answer an important question. Office messages are checked when he is not in the office. Please, do not abuse his effort to be available by calling for issues that could wait until the office is open. Then, if the staff cannot answer your question, they will present it to Dr. Levin and give you his reply. It takes much less of his time, he has access to your records, and there is rarely a charge for that. Regardless of the time of day, there will be a charge for Dr. Levin's phone conversations that exceed 5 minutes, – based on 10 minute segments of the hourly rate – whether scheduled or not.





## APPOINTMENT & CANCELLATION POLICY:

- 1) If your medical treatment requires office visits on a regular basis, please schedule your appointments well ahead to be sure that Dr. Levin sees you at the intervals requested for optimal care. (Please pick up a new protocol handout, at the front desk, to see how often you need to be scheduled with Dr. Levin or the Technical Support Staff).
- 2) Cancellations for Monday & Tuesday appointments (scheduled up to 45 minutes) must be made by the prior Thursday morning – WE DO NOT ACCEPT CANCELLATIONS FOR THESE APPOINTMENTS ON FRIDAY!
- 3) Long Consultations (always the 2<sup>nd</sup> Appointment) require a minimum of 10-business days notice not including Friday. Remember - you must advise the office well in advance if you have not completed the testing required for your second visit.

**We do not accept Email as a method for cancellation of an appointment.**



## PRESCRIPTION REFILLS:

- 1) We can fax most prescriptions to pharmacies. Please be sure we have your **pharmacy infor-**

**mation including phone number and FAX NUMBER.**

- 2) Please help us help you by **notifying us at least 48 hours (two working days) in advance of any refills needed.** Many offices charge an additional fee for immediate service and calls to pharmacies, so please plan in advance for your refills so we do not have to implement such a policy.

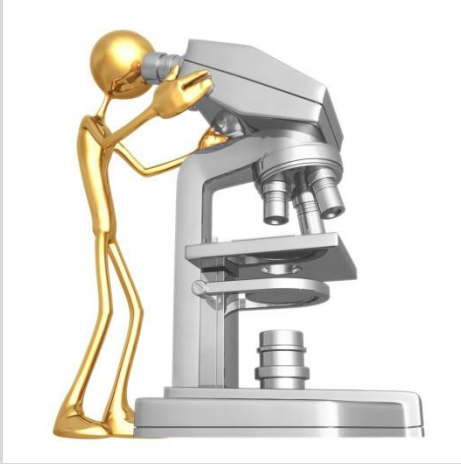
**SUPPLEMENT ORDERS:** With increasing demand for shipping of supplements we request the following so that your order may go out in a timely fashion:

- Orders may be phoned to 703-255-0313, faxed to 703-255-0316 or e-mailed to [Info@WarrenMLevinMD.org](mailto:Info@WarrenMLevinMD.org). Please allow 24 hours (on business days) to process your request. Orders received after 9:00 AM will be shipped by the next business day, unless backordered. We finally seem to have a backorder fulfillment program that works! In general, we do not hold up shipments for backordered products, and we bear the cost of handling, but not shipping.

Please notify us prior to your office visit if you need supplements. We will make every effort to have your order ready on the day of your appointment. We understand that Dr. Levin may change your supplement program, but having most if not all of what you need, will surely expedite your checkout time.

Should you wish to pick up supplements on Friday, you will need to order and pay for the supplements prior to closing on Thursday.

REMINDER: Supplement pick-up hours on Friday are 10:00 AM - 1:00 PM. Please note that we will not ship supplements on Friday unless it is an emergency.



### NEW BOOKS, PRODUCTS AND SUPPLEMENTS: What You Should Know

Shabecoff, Philip and Alice: **Poisoned Profits: The Toxic Assault on our Children**, 2008, First Edition, Random House: ISBN # 978-1-4000-6430-4. This book is an expose on the link between industrial toxic chemicals and children of baby boomers. The danger is not just outside our homes but also found inside our homes in construction materials, plastics, hormones, pesticides, antibiotics, and heavy metals. In addition, it does not stop there as it also addresses issues surrounding Lyme disease. You will not be able to put this book down. ***It is a must have for every home.***

McCandless, Jacqueline, **Children With Starving Brains**: ISBN # 978-1883647100  
Dr. McCandless, a retired Pediatrician, was appalled at her own ignorance of Autism, as exposed by the birth of her granddaughter afflicted with the disorder. After learning the methods of the late Dr. Bernie Rimland as practiced by doctors in the Defeat Autism Now! organization, she returned to practice restricted to autistic children. Her book outlines many of the tests and treatments available to help such children live a normal life.

Smith, Jeffrey M. **Seeds of Deception: Exposing Industry and Government Lies about the Safety of the Genetically Engineered ["GMO"] Foods You're Eating.**

ISBN #978-1-8836-4717-9. Another blockbuster tells about the serious and avoidable dangers of genetically modified (GMO) foods, which are the latest atrocity of the processed foods industry, with unbelievable documented government complicity/payola. Soy, corn, and other specified GMO foods **MUST BE AVOIDED**. Since the U.S. government has not required labeling of GMO foods, the only way to avoid them is to buy **ORGANIC PRODUCTS**

**BIOPRO:** Dr. Levin continues to refer to the 21<sup>st</sup> Century as the era of Energy Medicine. However, not all energy is good energy! High on the list of errors by those who should know better has been the licensing of almost all of the wavelengths of the energy spectrum for personal, commercial, military and governmental uses. The result is that our current environment is filled with specific energy wavelengths that rarely, if ever, impinged upon life on this planet throughout all the prior millennia of its existence. Today, however, we are exposed to wavelengths and amplitudes that have never been examined by science for their possible side effects, and we have not had generations of adaptation time to protect ourselves. As a result, they are rarely perceived by human receptors. Those that we all can experience, such as light and sound, can cause much damage, as well as beautifying our existence. The most pervasive and dangerous waves are those used for cell phones, and they are, as all energy is, stronger with increasing closeness to the source. They are also cumulative in their potential for causing damage. We all must do what we can to minimize such exposures. Dr. Levin has finally, after many months of research, agreed to become a distributor of BIOPRO devices and to urge his family, friends and patients to spread the word. Please read the information linked to his website: <http://www.mybiopro.com/wmlmd>. There is also info about a new final process for the already purified water that all should be drinking. [as well as the avoidance of **any liquids in plastic bottles**]: it is called ***i - WATER*** [Pronounced "eye water"] We have some BIOPRO devices available in our office for your cell phone, TV's, Computers, Microwaves, and other devices that emit EMF. We also have an abundance of stu-



# News You Can Use

dies done at major universities that demonstrate this adverse effect on our brains. We have seen many children on the spectrum who cannot handle even the vibration of a cell phone in another room.

Another useful approach to reducing exposure to bad energy [that comes from almost every electrical machine in use today by way of the household wiring] is plugging in **STETZERISERS** to your household receptacles and checking with the meter that is available from the inventor's company: <http://www.stetzelectric.com> to reach the optimal level of less than 30. We have one meter, which we will rent for \$5.00 per day, with a refundable deposit of \$100.00 together with 5 Stetzerizers to be returned as well.



## NEUROTRANSMITTERS:

Based on the research of Marty Hinz, MD. and the development of his *now patented* Neurotransmitter precursor products, Dr. Levin has, over the last 10 years, incorporated this work into his treatment protocols for patients diagnosed with Depression, Migraine Headaches, Parkinson's Disease, Obesity, ADD and ADHD with outstanding success rates. Dr. Levin has been able to assist many patients in eliminating the use of SSRI drugs [most antidepressants] or weaning off medications that are addictive and only temporarily helpful (Ritalin™ and amphetamines). To learn more about these protocols, you may review Dr. Hinz's website: <http://www.neuroassist.com/> Our web site also has testimonial letters from Dr. Levin's patients that have experienced freedom from drugs and medications and regained a new sense of well being in their lives – free of depression and

chronic headaches. DR LEVIN WANTS TO RE-EMPHASIZE THAT THERE IS NO WAY OF TESTING THE BRAIN NEUROTRANSMITTER LEVELS **BEFORE** THE TREATMENT PROTOCOL IS BEGUN.

Those practitioners and labs that do such tests are not obtaining useful data. Urine tests ARE done after inadequate clinical responses by submitting urine specimens – collected just prior to the 4:00 PM dose of these unique products – when they have been used *without a missed dose for at least one week. A diary of doses taken must be submitted simultaneously to the **DBS LAB.***

**COROMEGA** (Great for Kids and Adults): Convenient flavored packets of the critically important Omega 3 Fish Oils that are fun to take!

**FILM-ZYME:** a recent supplement added by Dr. Levin to attack "Bio Film" a slimy secretion that hides colonies of many different infectious organisms, including Lyme disease and Candida, from the immune system. It also can interfere with the usefulness of antimicrobial therapies. This appears to be a useful regimen to uncover such organisms, thereby increasing effectiveness of the therapies being implemented in our practice.

**EPICUREN SKIN CARE PRODUCTS:** We continue to expand just a few of the organic skin care products that are available on the market. Now we are targeting a natural sunscreen and outstanding facial moisturizers that benefit the skin with healing agents from a company called **EPICUREN**. This line consists of pure and innovative skin care products. These products are derived from the most luxurious and natural ingredients that are available today. After using them for two years, Susan, our New Patient Coordinator, believes that these are the most advanced and result-oriented skin care products available today. The skin's elasticity, textural clarity and color balance are improved without the adverse effects or down time of invasive procedures. With over thirty years behind them, this company has emerged as a superior skin line. Stop by the office or contact us to learn



# News You Can Use

more about the products we currently have available and those that can be special ordered for you.



## **DEEP STEEP® SKIN CARE PRODUCTS:**

Our office also carries Deep Steep® organic skin care products, including the popular foaming hand wash, body butter, body wash, lotion and travel kits. All Deep Steep® products are completely free of chemical preservatives and artificial ingredients, using only the finest organic essential oils, botanicals, and vegetable oils. For sensitive patients, unscented body lotion, body wash, hand wash and foaming hand wash are available. Deep Steep® also carries those products and more in heavenly scents, including honeydew spearmint, lavender chamomile, rosemary mint, tangerine melon, grapefruit bergamot and candy mint. See the full line of Deep Steep® products at [www.deepsteep.com](http://www.deepsteep.com) or ask at the front desk.

**PALEOBARS™:** Desire a healthy, high protein snack food that tastes great? *PaleoBars™* come in six tantalizing flavors including chocolate, chocolate almond, coconut almond, vanilla almond, mixed berry and cocommune (which tastes just like a Mounds™ bar). We have trouble keeping the *PaleoBars™* in stock! Stop by the front desk to purchase any of the incredibly delicious *PaleoBars™* which contain no hydrogenated or trans fats, no simple sugars (i.e., sucrose, fructose, glucose or concentrated fruit sweeteners), no wheat, no corn, no soy protein, and no artificial flavors or sweeteners. Plus all *PaleoBars™* are Kosher certified!



## **BRM4 & RM10: (New Mushroom Products)**

Why, when Dr. Levin has such a concern over yeast and fungi, would he introduce these products in his practice?

Because medicinal mushrooms have been recognized as being powerful immune *MODULATORS* – as opposed to the pharmaceuticals that powerfully *SUPPRESS* or *STIMULATE* this poorly understood and complex defense machinery – they gently bring the system into balance. Immune suppression is complicated by infections and cancer. Immune stimulation is complicated by allergies and autoimmune phenomena. The drugs frequently also have other serious side effects with long-term use.



**CONDENSED COWDEN PROTOCOL:** For those patients who strongly object to antibiotics, or have become intolerant of them and desire a safe, alternative, effective and affordable program to combat Lyme Disease, Dr. Levin now offers the Condensed Cowden Support Program using botanical drops through NutraMedix. The 6-month protocol includes a diary, which greatly simplifies keeping track of the four dosings prescribed per day. Ask Caroline at the front desk for details about this powerful yet gentle program. Please understand that as of August 2009, this is still not Dr Levin's first choice of therapies. Antibiotics have been the standard of care for years.

#### **Nano Greens, Nano Pro and Nan Omega:**

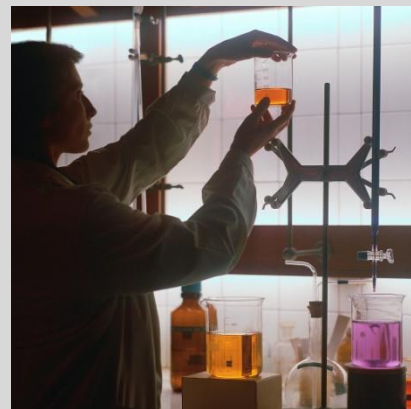
The market is exploding with Power Drink formulas, many of which are claiming to provide "everything" required for complete nutrition. There are Green formulas from vegetables, designed to provide the "multiple unknown, but nevertheless essential, synergistic micronutrient co-factors that make food different from vitamins." They also are a great help in achieving an Alkaline Diet. **Nano Greens** is one of the good ones. However, none of them is rich in protein, which has always been an issue with Vegetarian diets. Instead of faking it, this company created **Nano Pro** from carefully processed *whey* protein [milk derived]. Most patients with milk allergy are sensitive to the *casein*, but any suspicion of milk allergy should lead to an alternative product such as *Seacure*<sup>TM</sup>, a partially predigested protein in capsules from fish. **NanOmega** is another packet with excellent balance of essential fatty acids, especially the Omega 3 fish oils. All of the Nano products have the smallest available molecular size for optimum absorption. They can be purchased individually or as a group, and in packets for convenience or bulk powders for mixing, to create an excellent meal-replacement in a delicious drink.

**Perimine:** A modern formulation of an old Chinese herb that is at least as effective as the prescription drugs called antihistamines, but with less side effects. Just as Rx drugs and Over-the-Counter generics, there are no guarantees of success, but when it does work, it's a healthier choice.



**Spiroil:** A tincture of Teasel Root, one of the herbs that has long been touted as having activity against Lyme disease. It is used by many veterinarians as a preventive against tick bites and Lyme disease. Only two drops a day for small dogs.

**Whup-A-Bug** We have environmentally safe formulas for preventing insect bites for patients (Whup-A-Bug Repellent, 4 oz) and for pets (Whup-A-Bug Flea and Tick Repellent, 16 oz). Please DO NOT put any product with DEET on the skin, especially on children! DEET may be sprayed on the outside of clothing but still carries a risk of toxicity. Whup-A-Bug: can be brushed directly on your cat or dog and the formula for human use can be directly applied to the skin! Our other product, also found effective, Ambergmann's, we recommend, but is to be applied to clothing. Again, nothing in our office is toxic or contains DEET.





## TESTING & TREATMENT

**HEART RATE VARIABILITY Test (HRV):** I had always believed that the regularity of the heart-beat was its outstanding healthy characteristic – until I went to Medical School and learned that it should be variable! Once again, technology makes minimum differences easily demonstrable. The Heart's rhythm is controlled by the *Autonomic Nervous System*, [because it functions autonomously, meaning without voluntary input from the individual's intention.] This is the system from the Central Nervous System, by way of the spinal cord and its nerves and the cranial nerves arising directly from the brain. It is one of the truly elegant functions of the body, usually with a “brake” and an “accelerator” acting in opposition to one another, with both required for smooth functioning of almost all of the organs and tissues of the body. The HRV test reveals many of the possible imbalances, which frequently account for most of the patient's symptoms in chronic illness.



**THYROFLEX:** Not new, but we are the only practice to have this on the east coast! This instrument, invented by one of my best friends, Dr. Konrad Kail, measures the speed of the reflex from tapping one of the muscles of the forearm. Slow reflexes are very frequently an indicator of sluggish thyroid function, even when the blood tests for the thyroid are “within normal limits.” Once again, technology takes away most of the problems in evaluating bodily functions that are measurable.

**IV ANTI FUNGAL PROGRAM:** Yeast infections are on the rise, and are mostly the result of mistaken guidelines for diagnosis and treatment. Many women over the last few decades have been given one pink pill [Diflucan™] to treat a severe, recurrent vaginal infection with *Candida albicans* that has caused severe symptoms. That egregious error in judgment from the FDA, which authorized such prescriptions on the basis of inadequate long-term studies, has created an increasing number of *Candida* “strains” that are “**resistant**” to this once dependable drug, and its relatives Nizoral™, Sporanox™ and V Fend™. A new class of anti-fungal drugs, the “*Echinocandins*,” that are only administered by Intravenous drips, on a daily basis for at least 2 weeks, have shown few failures thus far.

**OSR** is a new nutraceutical product, designed by Boyd Haley, PhD – chair of the Dept. of Toxicology at the U. of Kentucky/Lexington – a researcher with a special interest in Neurotoxicology and mercury as a Neurotoxin.

As one of the first physicians in the USA to use DMPS as an IV treatment for mercury [under an Investigational Review Board-approved study] I was privileged to be among the first to use this new product for oral use as a treatment for Heavy Metal overload. I have used it adjunctively – that is to say as an addition to the IV protocol – and in some cases as the only treatment. It seems to result in a shorter treatment protocol for the IV therapy, using fewer IV's at longer intervals, but by itself it appears to require a much longer time to complete. [After many years of chelation therapies, I have also seen that most patients who appear to be “clean” come back with evidence that there was a deep level of heavy metal that did not “mobilize” with the first course of therapy, and gradually shows up again as a clinical problem. As an example, I, myself – having done over 200 EDTA chelations almost 30 years ago, and a series of DMPS IV's over 10 years ago – starting 12 years after removal of all of my childhood amalgam fillings – recently showed up with significant levels of lead and mercury after a challenge test. I have had no obvious exposures to either of those toxins recently, and I am now in the midst of another series of combined treatments. I believe that OSR is safe in both roles, and I have not seen any problems from its use in children with Autistic Spectrum Disorders. However, now that it has been “approved” as a nutritional supplement, Dr. Haley has included a caution against pediatric use in the package





insert. In my opinion, the risk of using it is exceeded by the danger of excess Mercury in most of these kids. It is also noted to increase symptoms in diabetics and those with reactive hypoglycemia who fail to follow their prescribed dietary prohibitions. It is pricey, but far less than a series of chelation treatments, and reduces the logistic problems associated with prolonged IV therapy. **However it does not replace the value of the IV sodium EDTA therapy**, that my colleagues in ACAM and I have used to remove excess CALCIUM for over 30 years with outstanding results **in the treatment and prevention of the most important preventable disease of our time – ATHEROSCLEROTIC CARDIOVASCULAR DISEASE – (ASCVD)** including CORONARY ARTERY DISEASE [Angina Pectoris; Myocardial Infarct (death of part of the heart muscle, a.k.a. “heart attack”) and Cardiomyopathy (“congestive heart failure”)]; PERIPHERAL VASCULAR DISEASE [Intermittent Claudication progressing to Gangrene] and CEREBROVASCULAR DISEASE [Transient Ischemic Attack (“TIA” – a “stroke” that clears completely), or a full-blown Stroke – whether from an obstruction by local Plaque formation or Thrombosis (a clot that forms on site), or an Embolus (a clot that forms outside the brain but breaks loose and lodges in an artery feeding the brain)]. Other complications of ASCVD include ANEURYSMS [localized swelling of an artery that may rupture with dire consequences] or obstructions to individual arteries such as those to the kidney, spleen, intestinal tract, etc. that results in INFARCTS (partial death) of those organs.

**If you would like more complete information about Chelation Therapy for ASCVD, please call for your copy of a 2 CD lecture and a DVD [video] that together provide “informed consent” for anyone interested in true PREVENTIVE MEDICINE as well as treatment “after-the-fact” of diagnosis.**

Read **“BY-PASSING BYPASS SURGERY”** -- the name of a book, now in its second edition, by Elmer Cranton, MD.



**LYOSPHERIC VITAMIN C:** This is one of the remarkable new "Nano-" particle products that has captured a great deal of attention. The concept is that minute individual particles of a substance can be coated with a fat derived membrane, and they will easily slip through the tiniest pores between and through cell walls. For Vit C, ever since Linus Pauling, PhD -- one of the greatest scientific minds

of the 21st century--accepted the notion that humans lack the enzyme for the final step in the production of Vit C within the body the "debate" about optimum doses has raged continuously. One of the most vocal spokesmen for the mainstream position -- Dr. Mark Levine from NIH says that high doses taken orally simply could not exceed a blood level that made it a waste of money to take more than 200 mg per day. This was based on measurements of blood levels but failed to take into account the possibility that the Vit C was leaving the blood and fortifying the tissues. This new form of Vit C, subjected to the same kind of testing has broken that barrier dramatically and seems to be capable of almost unlimited increases in blood Vit C levels. Prior to this time, it was possible to achieve these extraordinarily high levels by administering mega gram doses daily intravenously. These high doses were pioneered in the 1940's by Dr. Fred Klenner who literally cured ad-



# News You Can Use

vanced cases of Polio. I was privileged to visit Dr. Klenner in his office in the early 1960's. Subsequently Dr. Robert Cathcart, who had invented an early artificial hip prosthesis, took up the cause of massive doses orally given in small frequent feedings until diarrhea was created -- the "bowel tolerance" dose -- which in some cases of acute severe infection such as Hepatitis and HIV can mount up to over 100 grams per day before diarrhea ensues. The new product LypoSpheric Vit C has demonstrated in published studies that it is capable of crossing the intestinal barrier that can raise the concentration of Vit C to more than twice what Dr. Levine was able to accomplish in his studies. In the meantime, Dr. Levine learned that Dr. Pauling's work on IV Vit C had been unfairly evaluated by a prominent oncologist, Dr. Moertel, who claimed to have replicated Pauling's successful cancer study and showed that it was a failure, but had actually given the Vit C orally instead of intravenously. Dr. Levine then studied the levels of Vit C that could be achieved by intravenous administration and as expected by the Alternative Medicine Community, demonstrated much higher levels than previously achieved. The dust has barely settled and Vit C is still under utilized by mainstream medicine, but Dr. Tom Levy took up the research and has written a great book Curing The Incurables\* in which he lists an enormous bibliography of published articles from the Pre-Antibiotic era documenting the incredible results of IVC. Now Dr. Levy has called attention to the ability of LypoSpheric Vit C to reach therapeutic levels orally by means of its enhanced absorption. Yes, it is more expensive, gram-for-gram than buffered vitamin C powder, but it is much less expensive than a series of IV's! I still believe that the best results are attained with a "loading dose" of IV Vit C™, followed by "maintenance" of the high levels with the new oral product.

\* Curing The Incurables is available through our dispensary.



## WE WOULD LIKE TO INTRODUCE YOU TO:

**Misha:** Our nurse Misha has been with us since October, 2008. He brings a strong background in Nursing having served in the Military and has worked in a traditional medical model prior to joining us. He has 21 years of experience in venipuncture – he rarely misses for drawing blood or for starting IV treatments! Misha is licensed as an IV therapist in the State of VA. Misha is here to help you and answer your questions as they arise in regards to testing and IV protocols used in our practice.

**Iris:** Our newest tech staffer joined our office with an extensive background in Integrative & Alternative Medicine. She started as a medical assistant and is licensed as a Phlebotomist and also as an IV therapist, just as Misha is. Iris has been involved in medical care since 1997 but quickly became excited about Integrative and Alternative Medicine. Iris was inspired by Dr. Levin when she heard him lecture almost 20 years ago and never imagined that she would be working with him and for him in our Vienna, VA office today.



# News You Can Use

**Michael:** Michael holds a masters degree in Nutrition. Michael joined us in January of 2009 and has been well received by our patients. Michael is available on Tuesday and Thursday for Asyra Testing. (What is Asyra testing? Check out the Asyra website ([www.Asyra.com](http://www.Asyra.com)) Not only can Michael check for viruses, infections, hormone imbalances, heavy metals, etc., he can also check all of your supplements to ensure that they balance with your body. In addition, Michael now does nutritional counseling at the request of Dr. Levin and many of our patients. For those of you that need more menu planning based on allergies and health restrictions, Michael will work with you on a rotation program that will support your efforts in healing your body. His counseling has been invaluable, especially for parents of our children on the autistic spectrum. Please contact the office to arrange for a one-hour meeting with him.

**Maire:** (Maire is pronounced Maura.) Our NEW Office Manager, Maire has joined us to head up our front office and to coordinate all phases of the practice both in the front and in the technical department. Maire is a CPC – a Certified Coding Specialist. She has been working with us to improve the coding for services rendered in the office. Maire has over 20 years of experience in the medical field and has become an outstanding member of the team. She has helped to update our billing codes in order to accommodate you, our patients, in filing insurance claims. She has already reduced the number of “more information” requests from insurance companies. Hopefully, her efforts have improved your insurance reimbursements!

As an additional service to you, after hours and for a small fee, Maire will file HICFA forms for you or handle complete filing of all your Insurance Claims. Fees are to be paid directly to Maire. We are providing this additional service to minimize the frustrations that accompany dealings with Insurance Companies today.



**Caroline:** Most of you already know Caroline, our Jill of All Trades. She is also very knowledgeable about the Cowden Protocol, an herbal therapy for Lyme Borreliosis. If you are starting the Cowden Protocol, please speak with Caroline to place your order and review the extensive details of this program. Caroline brings a vast knowledge of Lyme disease from her own personal experience and her return to health. Her commitment and dedication to Dr. Levin and his work is obvious to every patient.

**Susan:** Our New-Patient Coordinator and Practice Development Advisor brings over 25 years of experience to our practice with Dr. Levin. She has worked side by side with him, designing his facilities, hiring and training staff, overseeing the care that is required in running a practice of this nature where the Patient is #1. She designed and ran Dr. Levin's practice in New York City where he employed 38 staff members. Today we have a staff of 8 in a small, intimate, **newly renovated office** geared to the individual needs of every patient. Susan attends all the medical conferences to stay on top of the newest therapies available today. She also headed up an IND/IRB study on the use of Injectable Growth Hormone for Anti-Aging in adults from 1999-2001, with Dr. Levin as the Principal Investigator [who said that nepotism is dead?]. Finally, her passion in organic skin care products for the family has led to continuous introduction of new product lines. She avidly studies other toxins in the environment – see her postings on the office bulletin board.



# News You Can Use

**Debbie:** Our bookkeeper joined us this past winter. She has done an outstanding job of pulling a lot of loose ends together. She reviews the daily work to be sure it is cor-rect, updates the computer with the invent-ory and will spear head the installation of our new software program with Maire during the week of the 14<sup>th</sup> of September, 2009. Should any problems arise, Debbie is there to help, even though she works behind the scenes.

We are here to help you in any way we can. By reviewing these procedures, we feel the office will run more smoothly. As always, our top priority is the care and concern we have for you as our patient. Thank you for your understanding and cooperation.

## WELCOME TO THIS PRACTICE –

### Warren M. Levin, MD and Staff

Many of you might not know that Dr. Levin was appointed Executive VP of Bio Medical Education for the (new) Northern VA-Fairfax Chapter of the *NATIONAL AUTISM ASSOCIATION [NAA]*. Do you know a Delegate, Congressman, Political Activist, Neurologist, Pediatrician or School Psychologist/Administrator that should attend forthcoming events? If so, please contact Susan to let her know how to provide all the essentials for these forth-coming public lectures.



Again, we are here to help you in any way we can. Our goal is to continue to provide you with

the latest and most innovative therapies available today that have been researched and reviewed by Dr. Levin. Obviously, he cannot keep up with *everything!!* Therefore, he is always interested in hearing from patients about their research into their personal problems.

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This newsletter is also available online at: <http://www.warrenmlevinmd.org/>

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